

The Chisago County Mental Wellness Initiative Meets:

- The 3rd Wednesday of each month
- From 8:30 - 10:00 am
- Locations Change monthly

Mission statement:

The Chisago County Mental Wellness Initiative exists to understand depression and other mental illnesses, and to reduce the risk of suicide through education and collaboration with the community.

For more information, please contact Kathy Bystrom at kbystro@fariview.org or
Melissa Vrudny, CPP at 651-674-4085 or mvrudny@izoom.net
or visit www.cpyf.org